

**THE HAIR-PULLING PROBLEM: A COMPLETE GUIDE
TO TRICHOTILLOMANIA**

Eugene Bunde

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This book has a lot of useful and helpful information about hair pulling. Save Our Sleep Tizzie Hall.
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This book clarifies the Hair Pulling Problem and offers a self-help program with helpful resources to prevent relapses and therapies that provide relief. Medication and TTM Treatment 8. The last one is not just important for parents and teachers to read, but also for adults who suffer from trichotillomania.
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