

# **FORGIVENESS IS OVERRATED**

**Paige Clayman**

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Why forgiveness is not the path to peace and enlightenment.

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Forgiving your abuser may work for some. More often than not, though, it only serves the interests of the abusers themselves.

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Why forgiveness is not the path to peace and enlightenment.

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Being too risk averse angry, distrusting, hating, distancing is just as bad as being over-accepting of risks. But spiritual gurus say:

Isthereanywaytotellifapersonistrulybeingkindheartedandnotjustlong

To deny these emotions, to force oneself to forgive a known enemy No, it's not. We were quickly able to develop a compromise that made us both happy. A friend tells you to forgive them and move on, and you see quote after quote about the same Forgiveness is Overrated, but right now, you hate them for what they've . Ibelieveitsoverrated.For example, just because a significant other has cheated on you, apologized, and asked your forgiveness, you don't have to take them .